### ARE YOU WEARING CORRECTLY FITTED FOOTWEAR?

**HOW TO FIT SAFETY FOOTWEAR** 



### 1 LENGTH CHECK

- 1. Try on footwear at the end of the day while wearing your work socks.
- 2. Remove insole from footwear.
- 3. Stand on insole.
- 4. Your longest toe should be 1/2" from the end of the insole.

#### **TOO SMALL**



ACTION: 5/16" from the end go up a full size.

### **TOO LONG**



ACTION: 13/16" from the end go down a full size.

### **CORRECT FIT**



5. Return insole to footwear. Ensure that there are no touch points around the

### **2 FLEXPOINT**

Essential to ensure that the boot flexes with the foot.



The ball of the foot should be positioned over the flex grooves.



Bend the boot at the toes and check that the boot flexes at the ball of the foot.

ACTION: Adjust by a full size up or down as required.

# SIZE MACK BOOTS

# 0 COM/MAC

FETY

4

PLACE HEEL ON THE LINE

## SHOW THE EARTH WHO'S BOSS™

### 3 WIDTH

The foot should sit entirely on the midsole.



### CORRECT FIT

**ACTION:** If the boots are too tight but the foot is on the midsole a half size larger is required.



**ACTION:** If the outside of the foot is hanging over the midsole a different style of boot is required.



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### **HOW TO CHECK YOUR SHOE SIZE**

- 1. STAND UP AND PLACE YOUR FOOT ON THE MEASURING GUIDE WITH YOUR HEEL ALIGNING UP TO THE LINE.
- 2. TO MEASURE SIZE, SELECT SIZE THAT IS ON THE LINE PAST YOUR LONGEST TOE. REPEAT THIS WITH THE OTHER FOOT.
- 3. SELECT THE SIZE THAT FITS THE LARGEST FOOT.



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